

TEACHER NOTICE & PACKING LIST

TEACHER RESPONSIBILITIES:

Unlike many other south African school camps, First One Adventures does not relinquish responsibility of their learners at night, or at any stage of the camp. Our counselors and interns are there to supervise the children at meals, in the rooms, during evening activities, 24 hours a day. Teachers are accommodated in separate accommodation and have the freedom to be as involved as they would like to be. They can join the learners doing activities, observe the kids in action, or relax and do their own thing (read a book, chill in their room, visit the pool or beach or go site-seeing). We suggest that teachers bring a good book, hobby or extra marking. (Teachers often feel at loss with nothing to do!)

ACCOMODATION:

Teachers are accommodated in separate rooms to the children. Their rooms have a small mini-bar, television, covered balcony and four separate bedrooms. The rooms are basic without many amenities but plug points are provided.

TEACHER EXPECTATIONS:

We would like all the teachers accompanying the camp to help complete the Detailed Information Form, or at the very least have a look at it, so that we all have the same expectations ahead of time.

RECOMENDED PACKING LIST

PERSONAL . . .

Pack enough clothing for the duration of the camp. Adjust clothing to suit the season – warmer stuff for colder evenings in July & August. Please note that there is no hanging rail in the rooms – only shelves. Keep it light – we don't have porters.

Please keep it casual – especially if you are planning to join the kids on the beach or on the obstacle course.

Personal toiletries (we have showers, not baths. No toiletries are provided)

- Personal medication
- Bath towel
- Insect repellent, **Stingose** or equivalent (for mosquito bites) and after-sun lotion.

OUTDOOR STUFF. . .

- Light bag or backpack to fit: a towel, sunhat, water bottle and sunblock Sleeping bag
- Torch

- Beanie (warm hat for windy beach days and evenings around the campfire)
- Bathing suit(s)
- Shoes (we suggest Takkies and flip flops). Leave the high heels at home!
- Raincoat or waterproof jacket (it can rain a lot at the coast)

EXTRAS. . .

- Books or marking – if you want to be busy!
- Writing equipment
- Hairdryer
- Personal stuff like knitting, a musical instrument or personal sports equipment (running shoes, etc).

First One Adventures is not responsible for any damage, wear or loss of personal property. Please check your insurance policy to make sure that your personal property and equipment is covered against loss, theft or damage while away. We recommend that valuable items be left at home. THIS IS IMPORTANT – despite all our best efforts, a lot of stuff does go missing and we would hate you to loose something expensive.